



## The Spiritual Roots of Yoga: Royal Path of Freedom

By Ravi Ravindra (Author) & Priscilla Murray (Ed.)

Motilal Banarsidass Publishers Pvt. Ltd., New Delhi, India, 2010.  
Softcover. Book Condition: New. First Edition. Whenever I meet Ravi Ravindra I am reminded of J. Krishnamurti, whom I taught yoga for many years. Having known Ravindra for a long time I admire his honest spiritual quest. He is indeed a true sadhaka, a rare and true sanyasi. Printed Pages: 179.



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