



Living from the Heart (Paperback)

By Shira Bassi

Booksurge Publishing, United States, 2009. Paperback. Book Condition: New. 142 x 122 mm. Language: English . Brand New Book ***** Print on Demand *****.This how-to book is the first step on your journey of self-discovery to self-love. Living from the Heart is the workbook you come back to repeatedly and each time add dimension to who you are. The keys to realizing self-love in your life are given as practical tools for each of the four seasons: autumn, winter, spring and summer. Life is taken as an event of seasons and each one of us grows through them, if we are ready to receive the lesson - otherwise, we remain stuck. Wisdom is offered in practical ways to flow between the seasons of life. There is an insight demonstrated in Living from the Heart, from which each one of us seeks to live. As seekers of peace, fulfilment, love and happiness, we can start our journey with Living from the Heart. When the moment appears where no solution is at hand, reach out to living from the heart and you will know what has to be done. You are the solution to your life. Learn how to access your potential...



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